

"I Choose Joy"  
1 Thessalonians 5:16

Central Idea: As Believers we can always rejoice, because our joy is based on God.

I. What does "rejoice always" mean?

- \_\_\_\_\_
- This command is \_\_\_\_\_
  - true word order is " \_\_\_\_\_ " - indicates \_\_\_\_\_
- This command is given to \_\_\_\_\_ believers at Thessalonica
- This command is a \_\_\_\_\_ we must make
- If there is anything that diminishes your joy, you have \_\_\_\_\_.
- This command doesn't mean we will never feel \_\_\_\_\_.
  - John 11:35 / Romans 12:15 / Psalm 13 - (Lament Psalms)

II. Why is it so hard to "rejoice always"?

- #1 - Because we equate joy with \_\_\_\_\_.  
\_\_\_\_\_ does not equal joy.
  - 1 Thessalonians 1:6
- #2 - Because we equate joy with \_\_\_\_\_.  
God never commands us to do something we don't have \_\_\_\_\_ over.
  - Acts 5:44-42
- #3 - Because our perspective is far too \_\_\_\_\_.  
Paul had an \_\_\_\_\_ perspective on life.
  - 2 Corinthians 4:17

Application: How can we “rejoice always”?

1. Pray for \_\_\_\_\_ to obey this command this week by the power of the Holy Spirit.

- Part of the Holy Spirit’s work in our life produces the \_\_\_\_\_ of the Spirit.

2. Anything that strengthens our understanding of \_\_\_\_ & what He has \_\_\_\_\_ us will also strengthen our ability to rejoice always.

- Our ability to obey this command to “rejoice always” directly relates to our \_\_\_\_\_ of God.

We should rejoice because of \_\_\_\_\_ God is:

- God is \_\_\_\_\_ - (Romans 8:28)
- God has an \_\_\_\_\_ & \_\_\_\_\_ understanding of every aspect of our lives (Psalm 139:2-4).
- God \_\_\_\_\_ us, \_\_\_\_\_ us, & promised us an \_\_\_\_\_ in Jesus Christ (Eph. 1:1-11).
- When Christ returns, we will enjoy His \_\_\_\_\_ and the \_\_\_\_\_ place prepared for us (John 14:2-3).
- God has promised to supply all our \_\_\_\_\_ (Philippians 4:19).
- We \_\_\_\_\_ the One we love. (Colossians 3:24)

3. Use “Rejoice” as our new way of \_\_\_\_\_ one another.